SELF DETERMINATION



SELF DETERMINATION allows 155 people of any age who are clients of the Regional Center of Orange County to volunteer to make their own CHOICE about the life you want to live, the services you need and the people who you want to provide your services. You can make these choices through your own Person Centered Plan/Individual

Program Plan (IPP).

WHO WILL HELP ME LIVE THE WAY THAT I WANT TO?

Services that you need (as part of your Person Centered Plan/Individual Program Plan (IPP), will be chosen as well as the person that you want to provide your services. Services that are provided to the public by other agencies, such as public recreation and community college are "generic" and cannot be paid for out of your budget. To protect your safety, people who provide your direct services must have a criminal background check.

Services DO NOT HAVE TO BE VENDORED by the Regional Center of Orange County and their rate of pay can be higher if it is necessary for you to get the kind of service that you need. There is one exception; your Financial Manager must be vendored.



HOW MUCH MONEY DO I GET TO LIVE ON?

Your Person Center Plan budget is based on how much money the Regional Center of Orange County spent on your services during the past 12 months.

If your life is going to be different or something happens and things change in your life, your budget can be changed when your Person Centered Plan/IPP is changed

How do I decide what I need and where do I find resources?

You, a parent or a friend can be an unpaid "Facilitator" in order to help make informed decisions

about your individual budget... in locating and coordinating services and resources that match your Person Centered Plan/Individual Program Plan (IPP).

You can keep the RCOC program coordinator you already have, if you wish, and they can continue to assist and help you. Or, an independent Facilitator can be hired and paid for out of your budget.



In order for you to stay in the Self Determination program it will be important to have enough money to pay for the services that you need throughout the year. Bills must be paid. That's why a monthly record must be kept about how much money you have, what was spent and how much is left. EVERYONE must use a Financial Manager. This service must be vendored by the regional center and the person providing the service must be finger printed.

WHAT IF YOU CHANGE YOUR MIND AND ARE NO LONGER INTERESTED IN SELF DETERMINATION?

IF SELF DETERMINATION DOES NOT WORK FOR YOU, YOU CAN GET OUT. A NEW PERSON CENTERED PLAN/IPP WOULD BE NECESSARY.

"Can I get back in?"

YES, if you change your mind.
But if you change your mind
again and want back into
Self Determination, it will take
a year and there would have
to be an opening available.

SELF DETERMINATION



Remember, there are only 155 Regional Center of Orange County clients who can be in this program now but the more you know the better you will be prepared when your turn comes.

If you wish to be a part of this amazing new program please let your Program Coordinator know, "SIGN ME UP TO BE CONSIDERED FOR THE SELF DETERMINATION PROGRAM!"